

June 2nd, 2020

INTERNATIONAL SPORTS CHANBARA ASSOCIATION

Recommended Protocols for the Resumption of Sports Chanbara Activities under Safe Conditions during Covid-19 Pandemic

The aim of these guidelines is to mitigate the risk of Covid-19 infection as much as possible at Sport Chanbara competitions, as the danger cannot be completely eliminated without an effective and comprehensive Covid-19 testing or vaccination program. These guidelines are stipulated based on the guiding principle of Japan Sports Agency, Japan Sports Association, National Recreation Association of Japan, taking account of characteristics of Sport Chanbara.

1. Principles for holding the competition

(1) Propriety to hold the competition

- Regions under a state of emergency (hereinafter referred to as the "State of Emergency Declaration") are not allowed to hold the competition.
- Even if a state of emergency has not been declared at the venue, the event cannot be held if a state of emergency has been declared in neighboring regions and the event is expected to attract an influx of athletes and related personnel.
- Even if the event is held in a region where a state of emergency has not been declared, it is not allowed to allow athletes and officials from other regions to participate in the event if they are required to refrain from moving between regions.
- Even if the above does not apply, the event cannot be held if there is a public health risk such as a sudden increase in the number of people infected with a new type of coronavirus in the host city.
- The tournament cannot be held immediately after the state of emergency has been lifted, or when it is believed that the participating players and staff are not yet ready for the tournament.

(2) Basic conditions for holding the competition

- All related parties involved in the Games, participating athletes, staff, and officials (hereinafter referred to as "Games participants") must practice infection control measures in accordance with the protocol to avoid the risk issued by the Ministry of Health on a daily basis.
- The organizer of the event must be able to sufficiently implement the following infection prevention measures at the venue of the event.

(3) Specific conditions for holding the competition

- (a) Adequate supplies to prevent infection such as hand sanitizer, masks, plastic sheets, face guards, etc., must be available for each participant.
- (b) The names and contact information of all participants must be known in advance, and the participants must be ready to be informed of necessary matters such as temperature checks

two weeks in advance.

- (c) Meetings shall be held in advance with the local health department of the event site with regard to measures to be taken in the event that a new type of coronavirus-positive person is found among the participants of the event.
- (d) There must be a system to minimize the need for face-to-face reception and cash payment on the day of the event by means of electronic reception or advance payment of participation fees.
- (e) The event venue must be staffed with people who will patrol the venue to check that the participants are complying with the requirements (wearing masks, ensuring social distance, etc.).
- (f) Adequate ventilation is ensured by opening windows and operating ventilation facilities.
- (g) The size of the venue must be large enough to avoid the congestion of the participants.
- (h) A system to safely dispose of trash generated at the event must be in place.

2. Guidelines for holding the competition

(1) Guidelines for recruiting participants

When recruiting participants for the competition, the following items should be clearly stated in the competition information and invitation letter

- (a) On the day of the event, you must cancel your participation in the event of any of the following conditions
 - If you are not feeling well (e.g. fever of 37.5 degrees or more, cough, sore throat, etc.)
 - If you have a family member living with you or a close acquaintance who is suspected of having the new coronavirus
 - Concentrated contact (more than 15 minutes of conversation within a distance of 2 meters) with a person with the new coronavirus within 2 weeks
 - In the past 14 days, you have traveled to a country or region where the government requires entry restrictions or a post-entry observation period, or you have had intimate contact with a person who has traveled
- (b) You must bring a mask on the day of the event.
- (c) All participants must provide the organizer with their contact information such as an address, telephone number, and e-mail address.
- (d) Equipment may not be borrowed between competitors, and all competitors are required to provide their own equipment.
- (e) If a new type of coronavirus infection occurs within two weeks of the event, the organizer must be informed immediately.
- (f) In such a case, each participant shall be responsible for the expenses for participation in the event of cancellation of the transportation that has already been secured, such as payment of cancellation fees.
- (g) Follow the instructions of the event organizer regarding other necessary matters to prevent infection.

(2) Guidelines for the reception on the day of the event

- (a) Compliance instructions to prevent infection must be posted at the reception desk in a large sign.

(b) A non-contact thermometer or Thermography shall be provided to check the temperature of the participants (those who have a fever of 37.5°C or more shall be denied entry).

(c) Place plastic sheets, etc. in areas where people face each other to prevent the diffusion of droplets.

(d) Reception staff must wear masks.

(e) Avoid dense waiting lines by marking them at regular intervals, for example.

(f) The participants must submit a health confirmation form in accordance with the attached form.

(3) Guidelines for the development of competition venue facilities

(a) Adequate hand soap should be provided in the hand washing area.

(b) Take necessary measures, such as limiting the number of people in the room to avoid congestion in the changing rooms.

(c) When beverages are served, disposable containers must be used.

(d) When allowing spectators into the venue, take measures to avoid crowding the venue, such as reducing the number of spectator seats.

(e) The maximum number of people allowed to enter the venue shall be 50% or less of the seating capacity of the facility under normal circumstances (if the venue stipulates otherwise, it shall be complied with).

(4) Guidelines for conducting Sport Chanbara competitions

You may take necessary measures such as removing masks to avoid heatstroke and acid deficiency, etc., as appropriate.

(a) Participants must take a bath, wash their hair, trim their nails, and bring clean clothes to the event. When a player comes to the venue wearing match clothes in advance, he or she must wear a jersey or the like over the top so that the clothes do not come into contact with the outside air. After the tournament, players are required to change their clothes and take a bath immediately after returning home. Disinfect all equipment used during the tournament.

(b) As much as possible, please go to the restroom before coming to the venue.

(c) Referees and officials shall, in principle, wear masks and face guards at all times.

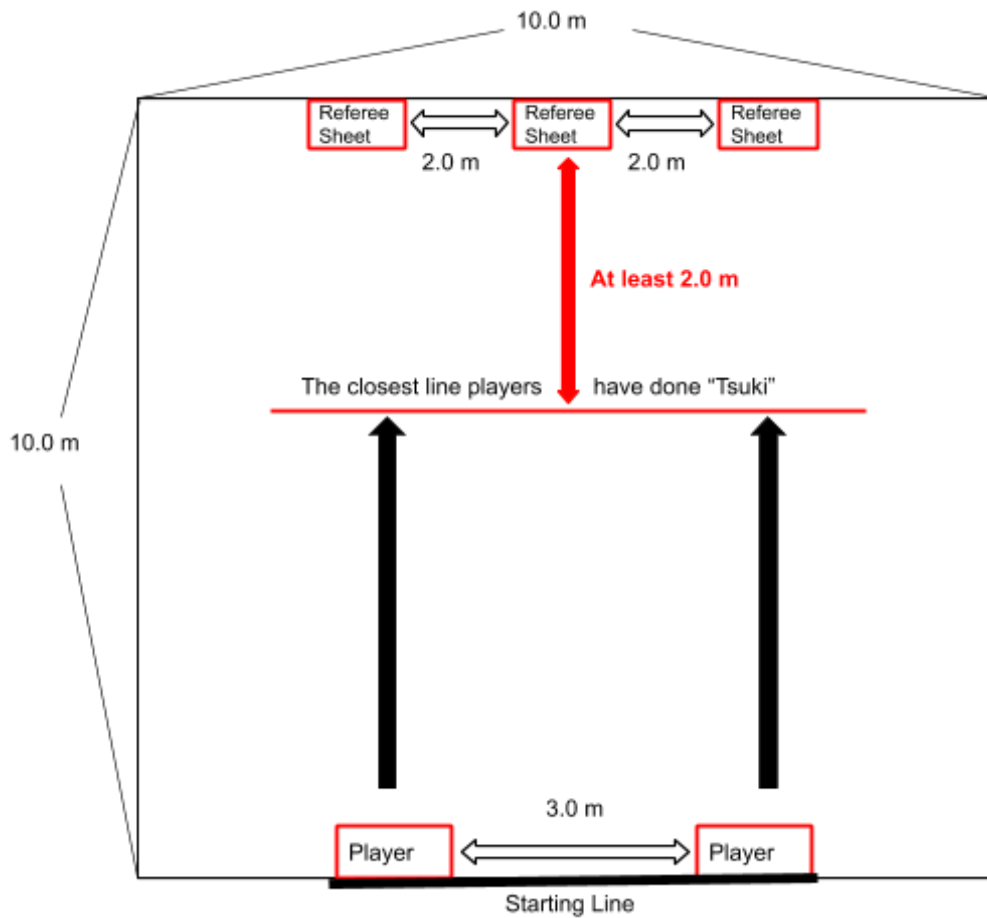


(d) Competitors must, as a general rule, wear a mask at all times other than during the match

(opening and closing ceremonies, etc.).

(e) It is not necessary to require a player to wear a mask during a match.

(f) In Kihon Dosa match, courts, starting lines, and judges' seats must be set up so that the distance between players and referees is not closer than 2 meters.



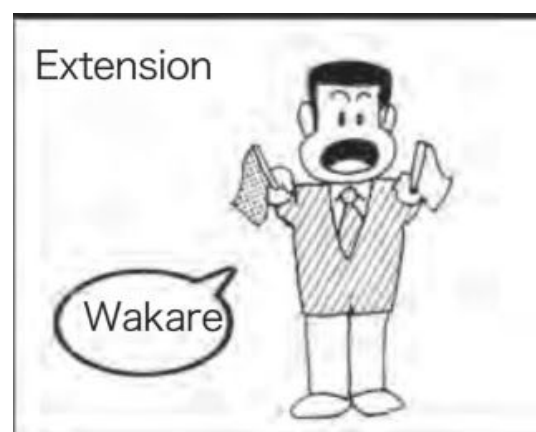
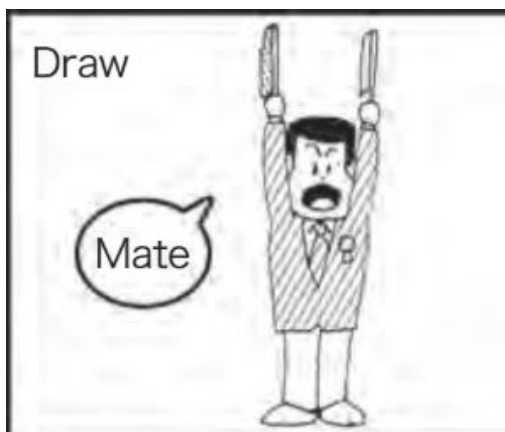
(g) A waiting line must be set up so that players waiting for a match are not crowded within 2 meters of each other.



(h) When expressing an objection to an checker, the athlete shall raise his or her hand on the spot and briefly state the gist of the objection, and the distance between the athlete and the checker/referees shall not be closer than 2 meters.



(i) The referee must give appropriate commands such as "Mate" and "Wakare" to ensure that sufficient distance is maintained between the players.



(j) Spectators, except for the athletes, are requested to refrain from making unnecessary and

unintentional vocalizations (cheering, etc.).

(k) Players should refrain from shaking hands with each other after the match.

(l) When the match is over, all players must leave the stadium immediately and watch the match at the designated spectator area.

(m) Players should refrain from lending and borrowing equipment such as masks, shields, swords, etc.

(n) Do not eat or drink in places other than the designated place, keep a distance from the people around you to avoid face-to-face contact, and keep conversations to a minimum.

(o) When awarding medals and certificates at award ceremonies, it is necessary to take measures to prevent the diffusion of droplets as much as possible.

(p) The participants of the contests shall not share drink or towels.

(q) Please put all garbage such as lunch boxes, tissues, napkins, used masks, etc. in plastic bags and seal them up. Please take them home and do not leave them behind.

(Material used as reference)

Japan Sports Association and Japan Sports Association for the Disabled, "Guidelines for the Prevention of Spread of Infection for the Resumption of Sports Events" (May 29, 2002)

Guidelines for the Prevention of the Spread of New Coronavirus Infection (May 28, 2002), Japan Recreation Association

Sports Agency, "Points to keep in mind for sports and exercise as a countermeasure against the new coronavirus infection and examples of exercise" (Ordinance No. 2, May 25, 2000)